

CAS checklist

Name: _____ Date: _____

The following checklist will clarify that you and your parents, understand what is involved in the CAS program. Please sign your name in each box ONLY when you are sure that you have fully understood each statement. Should you need clarification, please see Mrs. Quackenbush.

COMPLETE AND HAND THIS PAGE IN AT THE INITIAL CAS MEETING.

| Statement of Understanding | INITIAL each box to verify understanding (do not use ditto marks) |
|---|---|
| I clearly understand that without the satisfactory and timely completion of the CAS program, the IB Diploma will NOT be awarded. | |
| I know my CAS advisor is Mrs. Quackenbush. I know that I can always discuss CAS issues and concerns with her. | |
| I know Mrs. Quackenbush's room is 221 and where to find it when I need to seek guidance. | |
| I am aware that CAS is an 18 month long, ongoing requirement. | |
| I understand that it is my responsibility to make my own plan for the 18 month period of CAS that meets all deadlines set out. | |
| I know that I must try to maintain a balance between Creativity, Activity and Service as no one is more important than another. | |
| I will set myself goals for each activity and I will reflect carefully on each activity I undertake. | |
| I understand that I must seek written approval from the CAS advisors for each CAS experience I undertake BEFORE I begin. | |
| I understand that I must be able to provide the contact information of a responsible adult supervisor (not a family member) for each activity I undertake. | |
| I understand that I must provide documentation of my CAS experiences in the form of photos/videos (with me in them!) and reflections for all CAS experiences. | |
| I am aware that I must present my evidence that I met the seven learning objectives in a panel interview accompanied by a portfolio. | |
| I am aware of our CAS website located at http://weldoncas.weebly.com/ that contains important dates and all documents that I need. | |
| I am aware of the Google Classroom group that has been set up for CAS purposes and will check it regularly. | |
| I have carefully read through the information contained in the "CAS at Weldon" document found on the website. | |
| I understand that the gmail account provided by the school board will be a main form of communication for CAS information and I am responsible to check it regularly. | |
| I understand that there will be meetings and interviews with CAS advisors that I will be required to attend throughout the process. | |
| My parents/guardians are informed of the CAS program and its requirements. | |

Parent/guardian email address: _____

Parent/Guardian Signature: _____