CAS Activity Log

Use this chart to track your activities as you complete them. Please be sure to provide the name and phone number of any supervisors involved in activities outside of the school.

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| --- | --- | --- | --- | --- |
| Activity description | C, A or S? | Date(s) | Approximate time involved | Supervisor name and contact number |
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*Adapted from CAS Syllabus IBO 2008*